

## **Aligning Your Inner & Outer Beauty (8:30 am to 12:00 pm)**

Why settle for okay when you can look fabulous everyday? This is the question many women ask themselves and the answer always comes back...because I don't know how, don't have time or am overwhelmed every time I walk into a store. It doesn't help that most of the fashion industry is focused on trends that work for (or appeal to) a tiny percentage of women, and the rest of us get left behind, right? Well, not any more!

If you want to dress with passion and purpose, this workshop is for you. If you're a woman who feels stuck in a fashion rut, out of date, frumpy, or just bored every morning when you look in your closet, this workshop brings you a world of change – from the inside out!

The most important truth is that it is hard to know how to dress if you don't know who you are dressing. You might be a great mom, a terrific businesswoman, or an accomplished skater, dancer, mountain climber, etc. But apart from that, what makes you *you*? In the “Aligning Your Inner & Outer Beauty” workshop we get to the heart of that. This workshop is for you if:

- Your wardrobe looks more like your mother, best friend or the sales woman at your favorite store than you!
- You keep buying the same things over and over because you are unsure how to take the first step to explore something new (you'd rather be safe than sorry!).
- You are unsure as to what your “style” is and need some guidance and guidelines to help you sort through all the overwhelming choices in the stores.
- You keep making the same mistakes and don't know why they don't work for you.

Step #1 is identifying your internal beauty guide, and it is a fun, eye-opening experience. Don't worry! There are no fancy rules to learn, no measurements taken, no critiques involved. It's easy, non-judgmental, and you will come away with 4 descriptive words that are powerful beyond belief and that help you begin to create a personal style that reflects the true you!